

# Continuing Medical Education: Enhance Your Knowledge

## Legacy Health's Traveling CME Program

Legacy Continuing Medical Education provides medical professionals with the highest quality continuing medical education programs. Speakers may present the topic(s) of your choice in-person or virtually.

Our offerings include:

### Oncology

#### **HPV Screening and Anal Cancer: Reduced Screening Age and Alternatives to Colonoscopy**

- Recognize the prevalence of anal cancer
- Discuss relationship of HPV and anal cancer
- List populations at increased risk for anal cancer
- Explain screening strategies for anal cancer prevention
- Discuss reduced screening age and alternatives to colonoscopy



#### **Sexual Health After Cancer**

- Identify the scope of women survivors who experience decreased sexual health and well-being after cancer
- Formulate strategies for overcoming obstacles in discussing sex and treatment options
- Implement initial treatment options and recognize when to refer

#### **Updates in Cervical Cancer Screening and Management of Abnormal Results**

- Describe the change in thinking from cytology/HPV testing alone to risk stratification based on likelihood of underlying severe dysplasia
- Characterize thresholds for intervention based on risk profile
- Access ASCCP evidence-based guidelines for screening and management
- Summarize eligible populations for HPV vaccination

### Geriatrics

#### **Safe Prescribing in the Older Adult**

- Describe physiological changes with aging and how this impacts medications
- Identify potentially inappropriate medications in older adults, including Beer's list medications
- Discuss anticholinergic medications and how these can cause multisystem side effects
- Describe how CNS active medications like benzodiazepines can cause cognitive effects, including delirium

### Pediatrics

#### Pediatric Eating Disorders

- Discuss importance of screening for eating disorders in children and adolescents
- Recognize the unique medical complications affecting children and adolescents suffering from an eating disorder
- Summarize age-appropriate treatment options with families of children and adolescents suffering from eating disorders, including how to monitor for medical stability in an outpatient setting

#### Transgender Care in the Pediatric Setting: Management and Referral

- Discuss how primary care physicians can provide gender affirming care for patients and families
- Describe the Randall Children's Gender Care Center Team, its referral process and how referrals are managed
- Provide resources for families to use when counseling youth and families about gender care

#### Pediatric Obesity

- Recall the new definition of obesity
- Summarize stigma free evaluation and coaching approaches to childhood obesity
- Discuss novel approaches in the management of unhealthy weight in children and adolescents

**For more information about this Continuing Medical Education program, please contact your physician outreach and engagement advisor or email: [legacyhealthpartners@lhs.org](mailto:legacyhealthpartners@lhs.org)**

#### Accreditation Statement

Legacy Health is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

Legacy Health designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s).™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

