



Benefits and Perks

Salary

The current salary for first year residents is \$53,974. Anticipate a 2-3% cost of living increase for 2015-2016.

Resident Retreats

Residents enjoy a variety of retreats scheduled throughout the year. In the summer there is a team building retreat, in the fall a communication retreat, and in the winter and spring, retreats focus on topics selected by the residents.

ACP Membership

Annual ACP (American College of Physicians) membership dues are paid by the program for each resident each year. Membership includes the Annals of Internal Medicine and the ACP Journal Club publication.

Board Preparation

Each resident receives his/her own copy of the MKSAP at the beginning of the second year of training. We also sponsor various Board preparation activities throughout the year.

Information Resources

Every Legacy computer has access to UpToDate, MD Consult, Ovid MEDLINE, Ovid Evidence-based Medicine Reviews, online journals and textbooks. These resources can also be accessed from home. In addition, through the Legacy Intranet, you can access Medical Letter on Drugs & Therapeutics, ACP Medicine, and more.

Visiting Professors

Through a generous endowment, Legacy Internal Medicine Training Program is able to host some of the nation's best-known physician educators. These teacher-clinician visitors offer a unique opportunity for residents to broaden their experience by making rounds with ward teams, and presenting at academic half-day and grand rounds. They are chosen not only for their renown and authority, but also for their ability to supplement the permanent teaching program.

Vacation*

Residents receive 15 days of paid vacation per year. Weekend days off are not counted as vacation and are added on to each end of the vacation days. In addition, workdays are re-arranged during the last eight days of December to provide 4 consecutive days off for each resident.

Sick Leave*

Residents are entitled to up to fourteen paid calendar days of sick leave per year for acute illness, injury or approved medical leave.

Educational Leave

Residents are entitled to up to five days educational leave per year. Residents presenting papers or posters at a conference may apply for funding through the Resident/Intern Training Fund.

Family/Parental/Medical Leave*

Residents are allowed to take up to 12 weeks per twelve-month period for approved parental leave. Twenty-eight calendar days of paid leave are provided for approved family, parental or medical leave.

Insurance

Legacy Health System provides full health, vision and dental insurance coverage for each resident and his/her qualified dependents for a nominal monthly cost to the resident. Our health plan includes \$500 annual benefit for alternative care. Life and disability insurance premiums are paid for the resident. Additional coverage may be purchased for the resident and his/her dependents for a reasonable monthly fee. The Legacy Flexible Spending Plan allows residents to save pre-tax dollars for reimbursement of eligible out-of-pocket healthcare and dependent care expenses.

Employee Assistance

Legacy partners with Cascade Centers Inc. to provide an Employee Assistance Program for all employees. This program is a *free* and *confidential* benefit that can assist you and your eligible family members with any personal issues, large or small.

In addition, Legacy contracts with the OHSU Wellness Program for Residents who provides free confidential counseling and coaching services. All problems or concerns can be addressed, whether personal or professional.

Parking

Parking is free at all Legacy hospitals.

Malpractice Insurance

Legacy is self-insured for \$1 million per occurrence with a \$3 million aggregate. Residents are fully covered during their residency training.

This coverage is provided for all approved rotations, but does not provide coverage for independent moonlighting activities outside the scope of the training program.

Meals

Meal cards are provided for use during on-call days. In addition, lunch is provided at the weekly Medical Grand Rounds series and occasional other noontime educational offerings.

Other Benefits

Legacy employees receive discounted monthly Tri-Met passes. In addition, employees may ride free on the Portland Streetcar with a Legacy ID badge.

Legacy covers the cost of mandatory resident education such as Basic and Advanced Cardiac Life Support certification.

Both AT&T and Verizon provide monthly discounts to Legacy subscribers.

*The American Board of Internal Medicine Policies and Procedures state that time off taken

in excess of one month per academic year must be made up at the end of training.